

The Mill

AT
BLARNEY
WOOLLEN MILLS
IRELAND

We are delighted to welcome you to The Mill, where we share our passion for local produce, traditional favourites and healthy eating. Breakfast is the most important meal of the day, so we hope you enjoy yours and that it sets you up for a wonderful day ahead

BREAKFAST MENU

Our Buffet offers you a selection of cereals, juices, fresh fruit, healthy jars, nuts, seeds & breads. You can also order Creamy Porridge direct from the kitchen with Healy's Honey

The 'Full Irish'

Traditional Irish Breakfast Including, Two Grilled Bacon, Two O'Flynn's Artisan Sausages, Fried Egg, Clonakilty Black & White Pudding, Roast Vine Cherry Tomatoes & Mushrooms. Served with Toasted Sourdough (1, 3, 6, 12)

The Veggie

Fried Egg, Roast Vine Cherry Tomatoes, Sautéed Spinach, Rustic Potatoes & Mushrooms. Served with Toasted Sourdough (1, 3, 6)

The Mini

Includes One Grilled Bacon, Fried Egg, O'Flynn's Artisan Sausage, Clonakilty Black & White Pudding. Served with Toasted Sourdough (1, 3, 6, 12)

Eggs Benedict

Two Poached Eggs, Crispy Bacon & Hollandaise Sauce Served on Toasted Sourdough (1, 3, 6, 11)

Breakfast Omelette

Three Egg Omelette Served with a Choice of:
Ham - Cheddar Cheese - Tomato - Mushroom or Spinach (3, 6, 12)

Two Eggs Any Style

Choice of Two Eggs Served with Crispy Bacon & Toasted Sourdough:
Fried - Poached - Scrambled - Boiled (1, 3, 6)

Avocado Toast

Smashed Avocado Served on Toasted Sourdough Bread with Two Poached Eggs (1, 3)

Wild Wild Mushrooms

Wild Mushrooms Served on Toasted Sourdough with Two Poached Eggs & Hollandaise (1, 3, 6)

WE CAN SUBSTITUTE ALL TOASTED SOURDOUGH WITH A GLUTEN FREE OPTION

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|---------------------|---------------|-------------|---------------|
| 1. Cereals / Gluten | 5. Soya Beans | 8. Nuts | 11. Sesame |
| 2. Crustaceans | 6. Milk | 9. Celery | 12. Sulphites |
| 3. Eggs | 7. Peanuts | 10. Mustard | 13. Lupin |
| 4. Fish | | | 14. Molluscs |